



















SEASON 01 » 24 EPISODES

RECONNECT

INPUTS ON PSYCHO-SPIRITUAL THEMES

RECONNECT is a series of videos on psycho-spiritual themes initiated by the Karnataka Jesuit Province as a ray of hope during these troubled times of COVID-19 pandemic.

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02	Busy not bored: lockdown kids	Mrs Gowri Miralay	
03	Conflict resolution in families	Fr Dionysius Vas	
04	Respect for Life » Eco Spirituality	Fr Lumnesh Kumar	
05	God in our times	Fr James Gonsalves	
06	From Loneliness to Solitude	Fr Frederick D'Silva	
07	Overcoming Depression	Fr William Sequeira	
08	Smart Kids Play Smart	Mrs Flora Josephine A	
09	Coping with kids during lockdown	Fr Melwin Pinto	
10	Being fearful or hopeful	Fr Edward Philip	
11	Online learning	Fr Charles Lasrado	
12	The art of listening	Sr Vinitha Kurian	
13	Making choices in daily life	Fr Joseph Lobo	

14	This too shall pass	Dr Thimappa Hegde	
15	The Good Samaritan Law	Fr John Lang Bosco	
16	Bonding during physical distancing	Dr Shalini Aiyappa	
17	Peace amidst pandemic	Fr Mariyathas	
18	Unlocking the emotional world	Fr Ronald Pais	
19	Finding meaning in human sufferings	Fr Joseph Mathias	
20	The new normal	Mrs Roushnee Sur	
21	A new way of being	Mr Ian Faria	
22	Finding God in everything	Fr Joseph D'Mello	
23	Stand Still: An Inter-religious prayer		
24	Inter-religious prayer in Kannada		

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